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Alternative Therapies To Help Your Pets on the Road To Recovery

å Stephanie Lown ⊙ October 22, 2018 > Family & Education

There's nothing worse than when your beloved fur baby is poorly and you feel helpless to make them better, but luckily Localities very own Stephanie Lown is here to offer some reassuring insight into her own experiences with alternative therapies for pets here in Hong Kong.



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Laser Therapy

Laser therapy uses invisible infrared light energy to penetrate deep into tissues, to relax muscles and release endorphins to enhance the body's natural healing. This promotes good blood-flow, moderates inflammation, and enhances cell regeneration as well as the healing of tissue. It can be used to help rehabilitate patients with musculoskeletal pain, tissue swelling, inflammation, muscular strains and sprains, tendonitis, osteoarthritis, and neurological conditions, and to enhance skin wound healing.

At Kowloon Veterinary Hospital, laser treatment is used to relief a per's muscles, usually in sessions of 15 to 30 minutes, to pre-empt acupuncture, making the treatment more comfortable if an animal suffers from stiff muscles. It can also be performed on cats (who are particularly receptive), dogs, rabbits and exotic animals. It can be especially effective for spinal diseases such as slipped disks, and in some cases offers a less stressful and affordable alternative to spinal surgery.

Where to find this treatment: